

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 EXERCISE 9-9:45 FUNCTIONAL FITNESS:INSTRUCTOR LED BREAST CANCER SILENT AUCTION DETAIL MEETING 5-6	2 MID-MORNING PASTERIES 10:00-12:00	3 BOCCE FUN 8AM- 10AM BINGO & DESSERT BAR 4:30-6:30
4 GAME NIGHT 2:00-4:30 PM	5	6 EXERCISE 9-9:45 STRENGTH & BALANCE INSTRUCTOR LED	7 ST. JOSEPHS / CANDLER SPEAKER ON BREAST HEALTH 12:00-1:00 RESIDENT JAM SESSION 4:30-6:30 PM	8 EXERCISE 9-9:45 FUNCTIONAL FITNESS:INSTRUCTOR LED	9 MOVIE & DINNER 4:30-7:30 DIRTY DANCING WITH SPAGHETTI & MEAT BALLS	10 PICKELBALL FUN 8AM-10AM FOOD TRUCK THE CONCEPT MENU AND PRICES ON FLYER 4:30- 6:30
11 GAME NIGHT 2:00-4:30 PM	12	13 EXERCISE 9-9:45 STRENGTH & BALANCE INSTRUCTOR LED TACO TUESDAY 4-6	14. FALL BRUNCH WITH CAROLINE 10:30-12:30	15 EXERCISE 9-9:45 FUNCTIONAL FITNESS:INSTRUCTOR LED KELLY TOURS TRIP/BINGO	16 PINK PARTY FUND RAISER FOR BREAST CANCER AWARENESS & TIE DYE T-SHIRTS 3:00-5:00 PM	17 PUMPKIN DECORATING CONTEST 3-5
18 HAND & FOOT 2:00-4:00 LED BY MICHELLE	19	20 EXERCISE 9-9:45 STRENGTH & BALANCE INSTRUCTOR LED HOMEOWNERS LIVE MUSIC SOCIAL 4:00-6:00 PM	21 TALKING TECHNO WITH SEDERIA BROWN 11:30-1:00 LUNCH PROVIDED	22 EXERCISE 9-9:45 FUNCTIONAL FITNESS:INSTRUCTOR LED	23 MID-AFTERNOON LUNCH 12:00-2:00 SILENT AUCTION BEGINNING	24 BOCCE FUN 8AM- 10AM CATCH UP WITH YOUR NEIGHBORS HAVE A CUP OF COFFEE OR TEA WITH A PASTERY 11-1
25 GAME NIGHT 2:00-4:30 PM	26 WREATH MAKING 12:00-2:00 PM	27 EXERCISE 9-9:45 STRENGTH & BALANCE INSTRUCTOR LED SILENT AUCTION ENDING	28 STRAWBERRY / VANILLA ICE CREAM PINK TYE DYE MODEL SHOW 4:00-6:00 PM SILENT AUCTION WINNERS ANNOUNCED	29 EXERCISE 9-9:45 FUNCTIONAL FITNESS:INSTRUCTOR LED	30 HALLOWEEN TRIVIA HOST ADAM & LISA COVETED TROPHY 5:00- 7:00	31 PICKELBALL FUN 8AM-10AM FOOD TRUCK KELLER WOOD FIRE PIZZA / MENU AND PRICES ON FLYER 4:30-6:30
LIVE AFTER FIVE FRIDAY, OCTOBER 2ND 5:00 PM LIVE MUSIC, BLEU COAT KITCHEN WITH A SPECIALTY MENU, THE OUTFITTERS AT HEARTWOOD		EVERY TUESDAY +silver sneaker's AEROBICS BE HEALTH 1:00-2:00 outfitters	EVERY WEDNESDAY +silver sneaker's yoga BE HEALTH 1:00-2:00 outfitters	EVERY THURSDAY YIN yoga BE HEALTH 11:00-12:00 outfitters	WALKING EVERY MONDAY & FRIDAY MEET 9:00 AM AT THE LIFESTYLE HOUSE	